

# No longer should we be



“WHAT A LOT OF PEOPLE APPEAR NOT TO REALISE IS THAT PERIODONTAL DISEASE IN THE 99% OF THE CASES IS COMPLETELY TREATABLE, EVEN IN SEVERE CASES AND LATE TREATMENT.”

## “long in the tooth”!



**PERIODONTAL DISEASE IS NOT NEW. IT IS A CHRONIC MULTIFACTORIAL INFLAMMATORY DISEASE CAUSED BY CERTAIN STRAINS OF BACTERIA, IN THE RESULT OF WHICH THE GUMS AND DEEPER TISSUES THAT SURROUND AND SUPPORT THE TEETH BECOME INFLAMED AND ARE REABSORBED.**

About 50% of the adult population suffer from some form of the disease, as many as 85% of people over 65 years of age, 98% of the population will suffer with some form of periodontal problems during their life.

The disease starts simply with “gingivitis” or bleeding gums but over time can progress to permanent damage of the gum, bone and the resultant loss of teeth. Symptoms can include bleeding of the gum, sensitivity, bad breath, teeth becoming longer due to the recessions of the gums, mobility, difficulty in biting and ultimately teeth simply falling out.

However, what a lot of people appear not to realise is that periodontal disease in the 99% of the cases is completely treatable, even in severe cases and late treatment.

Periodontal or gum disease can be due to a number of factors, plaque control, host response (differences on how the person reacts to plaque) and also systemic disease or external factors (stress, smoke) which can help the progression of the disease.

Systemic conditions such as diabetes, thyroid, heart conditions, atherosclerosis, have all been proved to have an association with periodontal health and conditions. Periodontal disease has been also associated with problem pregnancies, it has been linked to three problems: having a baby with a low weight at birth, giving birth too early in the pregnancy, or having dangerously high blood pressure during pregnancy (pre-eclampsia).

### HOW WOULD YOU KNOW IF YOU SUFFER FROM PERIODONTAL DISEASE?

Periodontal disease, in reality does not cause symptoms that are very clear and obvious and therefore can occur and progress insidiously. The smoke, which

is one of the most important risk factors may have a “mask effect” on the bleeding, and minimising it by making progression more subtle however, in case of presence of the signs and symptoms of the disease the first thing to do is to go to the dentist to promptly inform him of the situation and allow him to make a correct diagnosis and initiate appropriate treatments.

### A NUMBER OF TREATMENTS ARE AVAILABLE TO DEFEAT THIS SUBTLE DISEASE:

Accurate perio assessments, accurate perio x-rays, microbiological tests, non surgical treatments, resective surgery, regenerative surgery, conservative surgery and more. The therapy need to be personalised to the single case, each treatment has specific indications and an accurate treatment planning is the only way to make sure the disease can be defeated in every case.

### ARE YOU CONCERNED WITH PERIODONTAL DISEASE?

Dr Giovanni Marras has completed postgraduate education in Advanced Periodontology in Florence, Italy. You may book an appointment direct on 805230 or you may ask your dentist either NHS or Private for a referral. A full assessment, photographs, x-rays (if needed), and treatment plan will be provided.

Full assessment and planning costs start from £250.00.

Call 805230 to book your free consultation.

All forms of private health insurance accepted: BUPA, AXA, WPA, CIGNA, Simply Health.

Before and After PST images



### TREATMENTS AVAILABLE:

- Full Periodontal Assessment And Treatment Planning
- Treatment Of Aggressive Periodontal Disease
- Microbiological Tests
- Periodontal Maintenance
- Resective Periodontal Surgery
- Regenerative Periodontal Surgery
- Conservative Periodontal Surgery
- Crown Lengthening
- Mucogingival Therapies (Recession) - Gum Grafts
- Periimplantitis Treatment And Assessment
- Endo-Perio Lesions
- Gingivectomy/Gum Recontouring

Every periodontal problem can be resolved if you know how to.

