

SlimScription

more than just weight loss

www.traceybell.co.uk

SlimScription is not simply about diet... but body shape, body solutions and comprehensive body maintenance.

The programme can vary simply from diet replacement foods to portable protein packs, to a complete body shaping regime.

Our programmes are built around your lifestyle, wishes and aspirations.

Simply you.

NUTRITION	Meal Replacement
TREATMENTS	Liposound Transfirme™ Technique G5
PROGRAMMES	Body Reshape Body Reinvention
PRICING	Price List
CLINIC POLICIES	Policies, Hours & Locations

SlimScription: Meal Replacement

Intelligently combining meal replacements with natural food is the best way to satisfy all of your nutritional requirements and help maximise your fat loss potential.

A highly convenient food source that's portable, cost-effective and quick to prepare, meal replacements supplement your diet and support your lifestyle.

They cultivate a powerful environment for weight loss by stabilising the release of energy and boosting your overall thermogenic potential... the key to successful, long-term weight management.

We have a delicious range of bars and meals that are low calorie, low in fat and nutritionally balanced to help you achieve and maintain your goals of a leaner, happier and healthier you. A very attractive nutritional source with wide ranging applications.

Food types: Soups • Shakes • Omelettes • Hot Beverages • Cereal Bars • Ready Meals

SlimScription: Protein Bars

Our protein bars are one of the most reliable, convenient sources of balanced proteins available and like all SlimScription products, they top the charts in taste and innovative nutrition.

Low in carbohydrates and packed with slow and fast acting proteins, these low fat bars provide lasting satisfaction and subdue sweet cravings.

SlimScription: Treatments

We offer a comprehensive range of treatments to suit the weight loss or body shape desirable to each individual.

SlimScription: Liposound - Inch Loss

This treatment is designed for those who are completing a weight loss programme or who have stubborn areas of abdominal fat which seems impossible to reduce with diet and exercise alone. This non-invasive ultrasonic treatment reduces fat cells and circumference.

Lose inches, without diet, exercise or surgery.

Course of 12 treatments required (6 week period)

SlimScription: Transfirme™ - Skin Tightening & Body Reshaping

The Transfirme Technique - improves cellulite, tightens skin and improves the contours of the body. This unique, multi-layered medical heat therapy delivers therapeutic heat into the deep tissues... producing tightening, smoothing, firming and lifting results.

This breakthrough procedure reshapes the body and face whilst reducing stubborn fat by simultaneously tightening, firming and recontouring. The areas which can be treated include: **abdomen, hips, buttocks, thighs, knees, upper arms, back and other areas of fat deposits.** It is also very effective in minor tummy tucks, body lifts and facial lifting.

Courses recommended: Body) 6 treatments Face) 6 treatments

SpaScription: G5 - Slimming Essentials

G5 is a slimming treatment that uses specialised deep massage machines to stimulate energy points improving circulation, adipose (fat) disposition and detoxification.

The acceleration of lymph drainage detoxification and purification accelerates slimming, toning and tightening of the body at the same time.

Key benefits of G5:

- 1) Removal of orange peel effect of cellulite
- 2) Reducing wrinkles and cellulite
- 3) Reduces water retention and accelerates metabolism, providing a firmer, more radiant looking body.

SlimScription: Programmes

The programmes are designed to fit your lifestyle and produce results you can see and feel.

Our slimming programmes are not simply about diet, calories and weight loss, but about internal health, metabolism and the improvement of body shape and fat loss.

SlimScription offers you the following programmes:

1) SlimScription: Food Replacement Only

For those who simply want to boost metabolism, drop a dress size, improve overall health and lose excess weight.

2) SlimScription: Body Reshape

A programme designed to reshape, remove cellulite, improve skin texture and tone whilst slimming. The complete system combines proven fat burning techniques to slim and sculpture your body.

Body reshape is ideal for those who have stubborn areas of fat in the midsection, heavy legs and wish for a more slender figure and healthier lifestyle.

This 30 day programme includes:

A complete health analysis. This noninvasive, educational analysis provides us with baseline data of internal wellness, metabolic rate, percentage of fat and starting weight.

We adapt the programme to you and your planned body goals.

- **30 day SlimScription course**
- **4 liposound sessions**
- **4 G5 treatments**
- **Nutritional meal plan based on food you enjoy**
- **Full use of powerplate & vibrational exercise**
- **Weekly diet & counselling**

3) SlimScription: Body Reinvention

For those who desire medical body shaping and weight loss. This programme is specifically designed to tighten, firm and tone the body as fat loss is experienced.

This programme utilises the unique Transfirme™ technique to build new collagen, tighten skin and non-invasively reduce fat whilst slimming.

- **30 day SlimScription course**
- **4 liposound sessions**
- **4 Transfirme™ technique treatments**
- **Nutritional meal plan based on food you enjoy**
- **Full use of powerplate & vibrational exercise**
- **Weekly diet & counselling**

SERVICE

PRICE

NUTRITION

Portable Protein Packs	per pack	£12.50
Food Replacement Box (Soups • Shakes • Omelettes • Hot Beverages • Cereal Bars • Ready Meals)	per box	£12.50

TREATMENTS

Inch Loss

Liposound (single treatment)	£60.00
Liposound (course of 12 treatments)	£600.00

Cellulite

G5 (single treatment)	£60.00
G5 (course of 12 treatments)	£600.00

Medical Body Shaping & Fat Loss

Transfirme™ Technique (single treatment)	£295.00
Transfirme™ Technique (course of 4 treatments)	£995.00
Transfirme™ Technique (course of 6 treatments)	£1200.00

PROGRAMMES - TRIAL

7 Day Body Reshape	£145.00
7 Day Body Reinvention	£225.00

PROGRAMMES - FULL

30 Day Body Reshape	£495.00
90 Day Body Reshape	£1295.00
30 Day Body Reinvention	£995.00
90 Day Body Reinvention	£2495.00

Consultations

We are dedicated to helping clients achieve their goals. If you would like to have a consultation before choosing a service, you may book a consultation for a £100 fee. This fee however, is applied to any future service or product of your choice!

Scheduling

Appointments are preferred, but not always necessary. If we have available Health Experts, we will be happy to provide your desired treatment. Most procedures however, are booked several weeks in advance.

Arrival

Check in at reception at least 15 minutes prior to your scheduled appointment to prepare for your treatment. As we are a medical skin spa, we require that all new clients fill out skin-care history information and treatment consent forms. For your convenience, you can now download the new-client paperwork from our website.

Late Arrivals

Our scheduling is designed to permit the correct amount of time to complete your service. A late arrival will deprive you of precious treatment time. In fairness to others, your treatment must end on time so the other clients' sessions can begin on time. If you are not able to be on time, we will do our best to complete as much of your treatment as possible; however, with some treatments, it may be necessary to reschedule your appointment. If you are 20+ minutes late for your scheduled facial, you will be considered a "no-show" and charged for 100% of your service fee. For all other scheduled treatments, if you are 5+ minutes late, you will be considered a "no-show" and charged at 100% of your service price.

Cancellations

Your scheduled appointment is reserved exclusively for you. Should you need to cancel or reschedule your appointment, please notify us 24 hours in advance to avoid a charge for 50% of treatment scheduled. All services cancelled or rescheduled the day of appointment will be charged at 100% of service price.

Standard Reservation Policy

A credit card number or gift certificate number is required to secure all appointments.

Product Returns

Your satisfaction is paramount. If you are not satisfied with one of our products, please return it together with your receipt within two weeks of the purchase. We will gladly exchange the full value of the returned product for a product or products more suited to your desired result. If you do not wish to have a product exchange, we would be happy to give you a credit toward one of our services, or a refund credited back to you in the same method of payment used for purchase.

Added Comfort

With any of our medically based treatments, a topical anesthetic cream is available and can be applied 15 minutes before your treatment. You may order your cream when you schedule your appointment.

Payment

Tracey Bell accepts cash, Visa, MasterCard, Discover and American Express. We also have custom financing packages available for several of our series of treatments. We no longer accept cheques.

Gratuities

Gratuities are at your discretion and are not included in any service or package.

Valuables

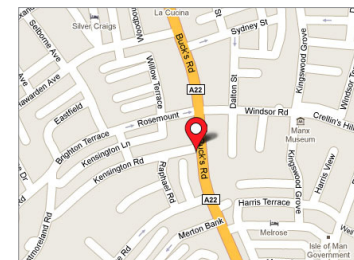
We are not responsible for lost or stolen items, and encourage you to leave valuables at home.

Gift Vouchers

Tracey Bell gift vouchers are available for a variety of treatment and are valid for one year from date of issue. Please enquire at reception for suggestions or more information.

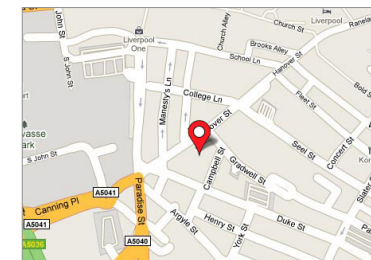
Online Shop

Purchase all your favourite products at your convenience at: www.traceybell.co.uk/shop



Tracey Bell SuperClinic
1-3 Kensington Road
Douglas, Isle of Man
IM1 3ER
British Isles
Phone: 01624 613 323

Monday - Saturday: 8am- 6pm



Tracey Bell Dental & Aesthetic Clinic
32-36 Hanover Street
Liverpool, Merseyside
L1 4LN
United Kingdom
Phone: 0151 707 0340

Monday - Saturday: 8am- 6pm

